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ROGER L'ESTRANGE.

TRIPLA CONCORDIA:
OR,
A CHOICE COLLECTION
Of New AIRS, in THREE PARTS.
For TREBLE and BASSE-VIOLINS:
By several Authors; Never before Published.
The Basse.
L O N D O N,
Printed by Tho. Ratcliffe and Nath. Thompson, and are to be sold by John Carr,
at his Shop at the Middle Temple Gate in Fleet-street, Anno Domini, 1677.

To the Honourable

GOODWIN WHARTON Esq;

SIR,

YOur Honouring the Noble Science of
MUSICK by Your Excellency in
it, Your Respect to the Professors, and
Kindness to the Lovers of it, hath embold-
ened me to this Humble Dedication. Sir;
This Collection hath been Perused by a

A 3

Person

The Epistle Dedicatory, &c.

Person of long Experience and Knowledge
in Composition; And my care hath been to
follow his Directions in Overseeing and
Correcting the Press : Wherein if I any
way have answer'd Expectation, it will en-
courage me to a farther Manifesting my
self,

S I R,

Your Honours Most Obliged Humble Servant,
JOHN CARR.



To the Lovers of MUSIC.

YOU are here Presented with a Collection of *Musick A-la-mode*,
As they are of Different Composers, (*and in all our usual Keys
Flat and Sharp,*) so of different Humours ; which I hope will be very
kindly receiv'd by all that really are what they Profess themselves to
be : For my own part, I do assure you, I would not have attempted it,
had it not been by the Free Offerings of the Authors , whose design
was, (as Mine is) for a Publick Good,

Your Servant,

JOHN CARR.



*Sold by John Carr, Instrument-Seller at his Shop under
the Middle Temple Gate in Fleet-street, (viz.)*

All sorts of Rul'd Books, and Rul'd Paper, and Songs, and Aires
Vocal and Instrumental ready Prick'd.

Also all sorts of *Lutes, Vialls, Vialins, Guittars, Recorders, Hoboys,*
Flagellets, Castanets;

All sorts of Strings, and all sorts of Musical Instruments.

Musical

Musical Books Printed, and sold by John Carr.

Mr. Thomas Salmon's Essay to the Advancement of MUSICK,
Price 2 s.

The English Opera, Or the Vocal Musick in *PSYCHE*, with the
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Musick in the *TEMPEST*. price 2 s.

MELOTHESIA, or Certain General Rules for Playing upon
a continued BASSE upon the *HARPSICALS*, price 3 s.

The last two Books are carefully Perused by Matthew Lock, Composer
in Ordinary to His Majesty, and Organist to the Queen.

There

There is also Two Chests of *VIALS* to be sold ; one made by Mr.
John Ross, who formerly lived in *Bridewel*, containing Two Trebles,
Three Tenors, One Basse ; The Chest was made in the Year 1598.

The other Chest being made by Mr. *Henry Smith*, who formerly
lived over against *Hutton-House* in *Holbourn*, containing Two Trebles,
Two Tenors, Two Basses ; The Chest was made in the Year 1633.

Both these Chests are very Curious Work.

I [1]
Introduction.

S
Arabrand.

B

M. Lock.

The image shows a handwritten musical score on five staves. The notation is in a historical style, possibly 18th or 19th century. The first staff starts with a large capital 'I' and a bracketed '1'. The second staff is labeled 'Introduction.' The third staff begins with a large capital 'S'. The fourth staff is labeled 'Arabrand.' The fifth staff is labeled 'B'. The signature 'M. Lock.' is at the bottom right. The music consists of various note values, rests, and bar lines, typical of early printed or handwritten musical notation.

[2]

A *tr.*

M. Lock.

[3]

L *E Double.*

B 2

M. Lock

GAVOTT.
[4]
Country Dance,
M. Lock



[5]
B 3
M. L. C. A.



Handwritten musical score on five staves. The notation includes various musical symbols such as notes, rests, and bar lines, typical of a handwritten manuscript.

M. Lock.

Handwritten musical score on five staves. The notation includes various musical symbols such as notes, rests, and bar lines. A large 'P' is written above the first staff, followed by the word 'Relude,'. A bracketed '7' is written above the first staff. The score concludes with the letters 'B 4' and 'M' on the bottom staff.

[8]

Ancy,

[9]

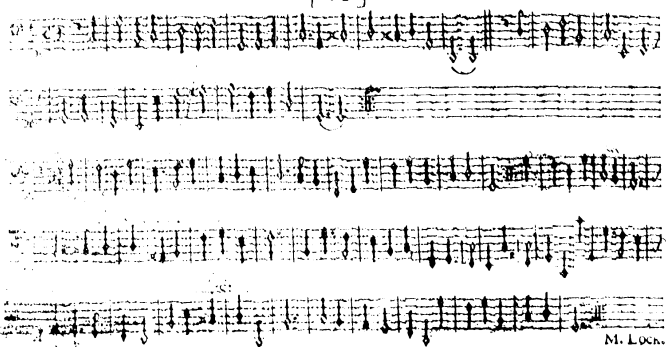
C
Hiconae

M. Loria

M. Lock.

M. Lock.

[12]



M. Loch.

[13]



Rob. Smith

C

M. Rob. Smith.

Handwritten musical score for Rob. Smith, measures 14-15. The score is written on five staves. The first staff contains a treble clef and a key signature of one flat (B-flat). The music consists of a series of eighth and sixteenth notes, with some measures containing beamed sixteenth notes. A bracket above the first staff indicates measures 14 and 15. The second staff continues the melody. The third staff contains a bass clef and a key signature of one flat. The fourth and fifth staves are empty.

Rob. Smith

Handwritten musical score for Mr. Rob. Smith, measures 16-17. The score is written on five staves. The first staff contains a treble clef and a key signature of one flat (B-flat). The music consists of a series of eighth and sixteenth notes, with some measures containing beamed sixteenth notes. A bracket above the first staff indicates measures 16 and 17. The second staff continues the melody. The third staff contains a bass clef and a key signature of one flat. The fourth and fifth staves are empty.

C 2

Mr. Rob. Smith

Mr. Rob. Smith

Mr. Rob. Smith

This musical score for Mr. Rob. Smith consists of five staves. The first staff begins with a bracketed measure number '14'. The notation includes various musical symbols such as notes, rests, and bar lines. The second staff is labeled 'Mr. Rob. Smith' and the fifth staff is also labeled 'Mr. Rob. Smith'.

Mr. Will. Hall

Mr. Will. Hall

This musical score for Mr. Will. Hall consists of five staves. The first staff begins with a bracketed measure number '17'. The notation includes various musical symbols such as notes, rests, and bar lines. The second staff is labeled 'Mr. Will. Hall' and the fifth staff is also labeled 'Mr. Will. Hall'.

[18]

Mr. William Hall

Mr. William Hall

[19]

Mr. Rob. Smith

[20]

M. Rob. Smith.

Rob. Smith

[21]

Rob. Smith.

Rob. Smith.

[22]

Mr. Will. Hall

Empty musical staff lines.

Empty musical staff lines.

Empty musical staff lines.

[23]

Empty musical staff lines.

Empty musical staff lines.

Empty musical staff lines.

M. William Hall

[24]

I will be a soldier in the Lord's army

Mr. William Hall

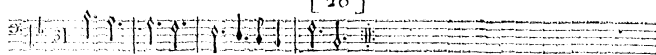
[25]

I will be a soldier in the Lord's army

D

M. Rob. Smith

[26]

[illegible]

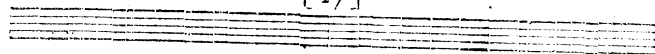
1. *Abstract* The purpose of this study was to investigate the effect of a 12-week training program on the physical and psychological health of elderly people. The study was conducted in a community center in Tehran, Iran. The participants were 30 elderly people (15 men and 15 women) aged 65 and above. They were divided into two groups: a control group and an experimental group. The experimental group participated in a 12-week training program consisting of aerobic exercises, strength training, and flexibility exercises. The control group did not participate in any training program. The physical health of the participants was measured using a series of tests, including a 6-minute walk test, a 10-meter walk test, a 30-second chair stand test, and a 30-second sit-to-stand test. The psychological health of the participants was measured using a series of tests, including a Beck Depression Inventory (BDI) and a State-Trait Anxiety Inventory (STAI). The results of the study showed that the experimental group had significantly better physical and psychological health than the control group after 12 weeks of training. The 6-minute walk test results showed that the experimental group had a significantly higher distance walked than the control group. The 10-meter walk test results showed that the experimental group had a significantly higher speed than the control group. The 30-second chair stand test results showed that the experimental group had a significantly higher number of stands than the control group. The 30-second sit-to-stand test results showed that the experimental group had a significantly higher number of stands than the control group. The BDI results showed that the experimental group had a significantly lower score than the control group, indicating a reduction in depression. The STAI results showed that the experimental group had a significantly lower score than the control group, indicating a reduction in anxiety. The conclusion of the study was that a 12-week training program can improve the physical and psychological health of elderly people.

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1. <https://doi.org/10.1016/j.jmb.2019.04.001> (2019). *Journal of Molecular Biology*, 601, 1–10. <https://doi.org/10.1016/j.jmb.2019.04.001>

Mr. Robt. Smith

[27]



[Back](#)
[Home](#)
[About Us](#)
[Contact Us](#)
[Privacy Policy](#)
[Terms of Service](#)
[Sitemap](#)
[Feedback](#)
[Help](#)
[FAQ](#)
[Glossary](#)
[Index](#)
[Search](#)
[Advanced Search](#)
[Help](#)
[Feedback](#)
[FAQ](#)
[Glossary](#)
[Index](#)
[Search](#)
[Advanced Search](#)

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[illegible]

Mr. Rob. Smith.

[28]

Mr. Rob. Smith.

[29]

G
Avoc.

Rob. Smith.

D 3

Mr. Matthew Lock.

[28]
[30]

Mr. Rob. Smith

[31]

D 4

Mr. Rob. Smith.

[32]

C
Oran.

Mr. Rob. Smith.

[33]

Mr. Rob. Smith.

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C
Olan.

Rob. Smith.

[35]

Mr. Rob. Smith.

[36]



Mr. Rob. Smith

[37]



Mr. Rob. Smith

[28]

Mr. Rob. Smith.

[39]

E 2

Mr. Banister

[40]

Musical score for five staves, measures 40-49. The notation includes various musical symbols such as notes, rests, and bar lines.

[41]

Musical score for five staves, measures 50-59. The notation includes various musical symbols such as notes, rests, and bar lines.

End with the rift train.

E 3

Mr. Rob. King.

[42]

Mr. John Banister

Mr. John Banister

Mr. John Banister

[43]

E 5

Mr. Rob. Smith.

[44]

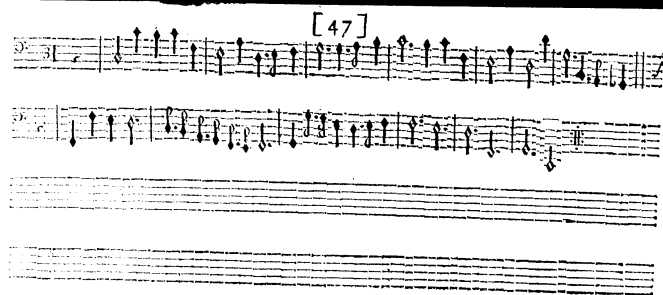
Mr. Rob. Smith

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Mr. Edw. Smith.



Mr. Rob. Smith



Rob. Smith

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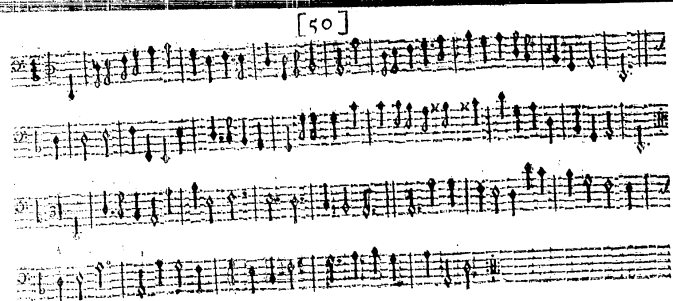
Mr. Rob. Smith

This block contains the musical notation for measures 48 through 51. It is written on four staves. The first three staves contain the main melody, while the fourth staff is empty. The notation includes various musical symbols such as notes, rests, and bar lines.

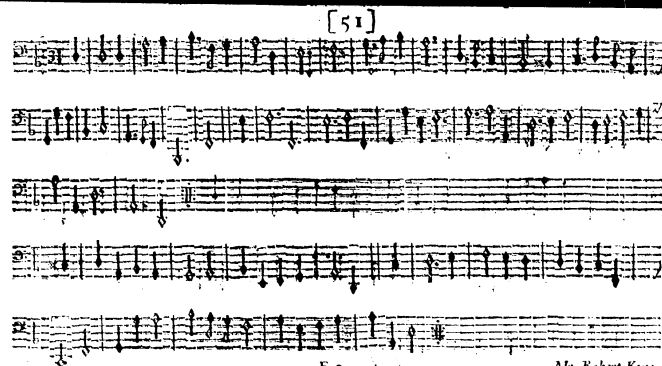
[49]

Mr. William Hall

This block contains the musical notation for measures 49 through 52. It is written on four staves. The first three staves contain the main melody, while the fourth staff is empty. The notation includes various musical symbols such as notes, rests, and bar lines.



Mr. William Hall



F 3

Mr. Robert King

[52]

Mr. Robert King,

Mr. Rob. King

[53]



Mr. Rob. Smith.



Mr. Robert Smith.

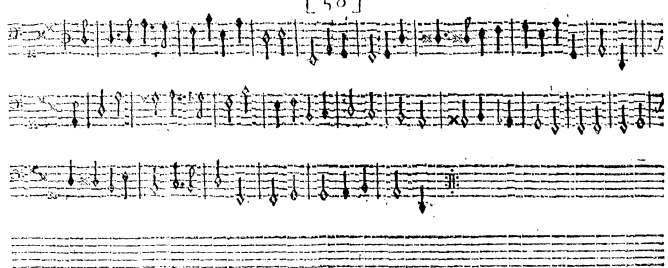
[56]

Mr. Rob. Smith

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Mr. Joan Banittet,

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Mr. John Banister

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Mr. Rob. Smith,

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Mr. Rob. Smith

Rob. Smith

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M. Matt. Lock

[62]

Mr. Matthew Lock.

[63]

G 2

Mr. Matthew Lock.

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G ;

Mr. Matthew Lock.

[66]



Mr. Matthew Lock.

[67]



Mr Rob. King.

Mr. Rob. King.

[68]

troupe.

Mr. Francis Forcer

[69]

A. min.

Mr. Francis Forcer

[70]

Gavot.

Mr. Francis Forcer

[71]

Tune.

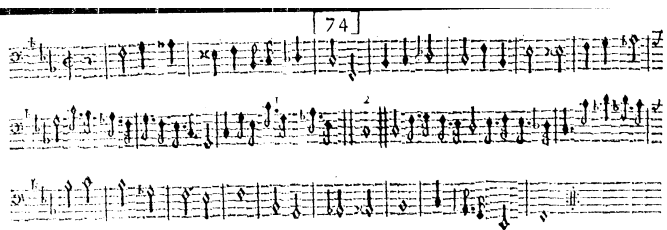
Mr. Francis Forcer

[72]

Mr. Rob. King.

[73]

H



Rob Smith



H 2

Rob Smith

[76]

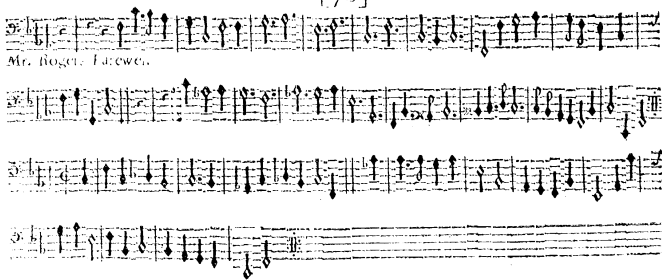
Mr. Francis Forcer,

[77]

H 3

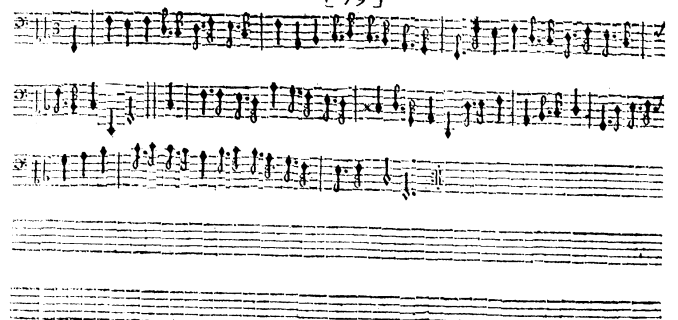
Mr. Francis Forcer.

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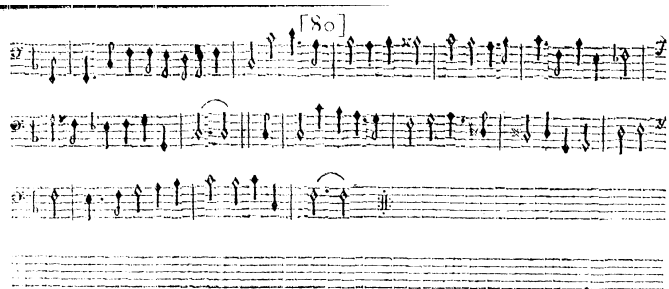


Mr. Robert King.

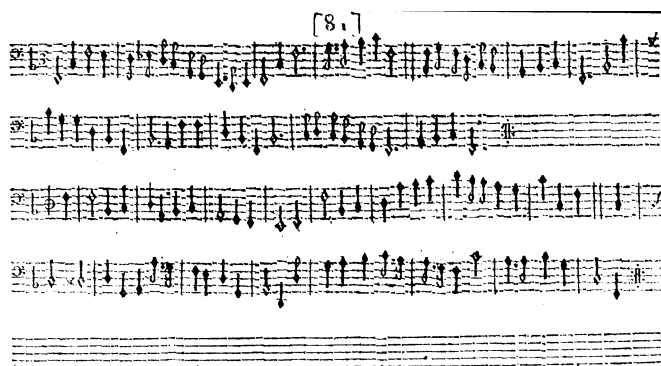
[79]



Mr. Rob, Smith.



Mr. Rob. Smith.



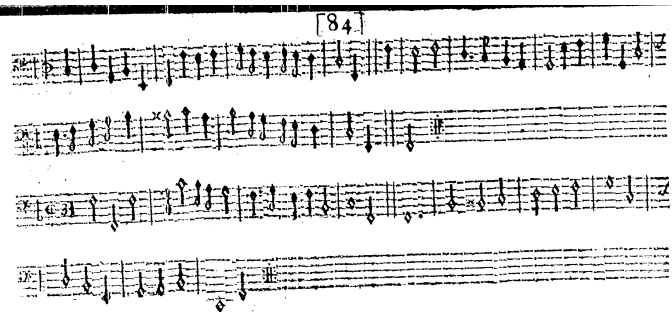
Mr. Rob. Smith.

[82]

Mr. Rob. Smith

[82]

Mr. Robert King



Mr. Rob King.