My soule to God shall give good heed



2. For he alone is my defence, my rock of health, my aid: He is my stay that no pretence shall make me much dismayed.

For

why?

mu

health,

and

- 3. O wicked folk how long will ye use drafts? sure you must fall,For as a rotten hedge ye be,and like a tottering wall.4. Whom God doth love ye seek always to put him to the worse:Ye love to lie, with mouth ye praise,and yet your heart doth curse.
- 5. Yet still my soul doth whole depend on God my chief desire:From all false fears me to defend, none but him I require.6. He is my rock, my strength, my tower, my health is of his grace:He doth support me that no power

to

speed,

doth whole

on

him

hope

can move me out of place.

- 7. God is my glory and my health, my souls desire and lust:My fort, my strength, my stay, my wealth, God is my onlu trust.8. O have your hope in him alway, ye folk with one accord:Pour out your hearts to him and say, our trust is in the Lord.
- 9. The sons of men deceitful are, on balance but a sleight:
 With things most vain do they compare for they can keep no weight.
 10. Trust not in wrong, robbery or stealth, let vain delights be gone:
 Though goods well got flow in with wealth set not your hearts thereon.

de - pend.

11. The Lord long sith one thing did tell, which here to mind I call:
He spake it oft, I heard it well, that God alone doth all.
12. And thou O Lord art good and kind, thy mercy doth exceed:
So that all sorts with thee shall find according to their meed.

Critical notes:

The setting is similar to the ones of Psalms 85, 108 & 123; Text somewhat modernised.