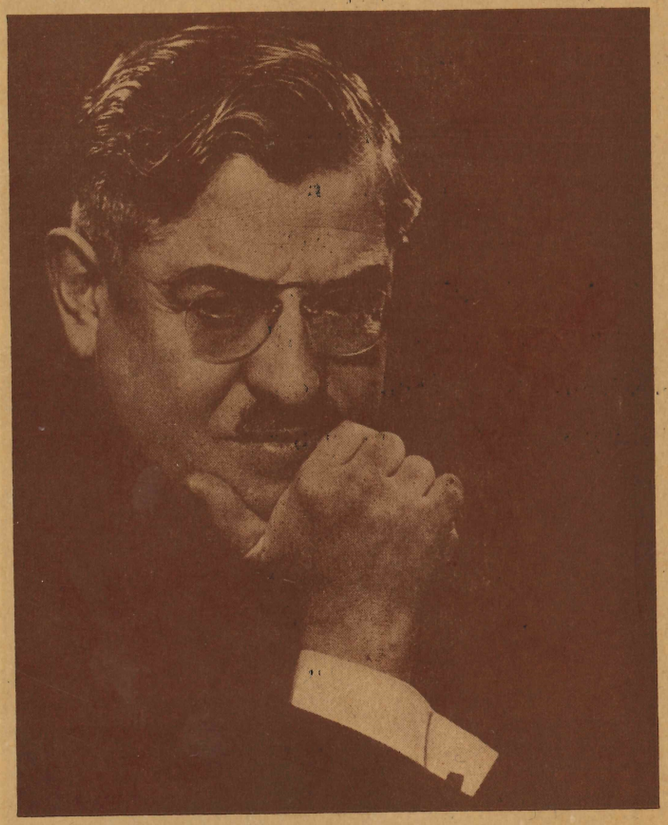
HANGE OF POSITION STUDIES

(THE DEVELOPEMENT OF FLEXIBILITY, Book Two)

FOR VIOLIN



STUDIES ON SCIENTIFIC PRINCIPLES

By

D. C. DOUNIS, Op. 36

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Foreword

The Change of Position is next to the Vibrato the most important element in the technique of the left hand.

The main problem in shifting lies in the ability to transfer the feeling of balance of the hand from one position to another in such a manner that the hand feels as if it were starting "cold" in the new position, without any previous shifting. This is because invariably, through instinct, the hand will assume a balanced feeling, in any position, if this feeling were not impeded and lost through a faulty way of changing the position, as is so often the case.

These studies are a logical complement to the first book of "The Development of Flexibility," Op. 35, which deals with the balance of the fingers without changing the position.

For further specific exercises in shifting and for detailed information on the "Dounis Principles" and my method of practising see my works: Op. 12, Op. 16, Op. 20 and Op. 30.

D. C. DOUNIS

Change of Position Studies

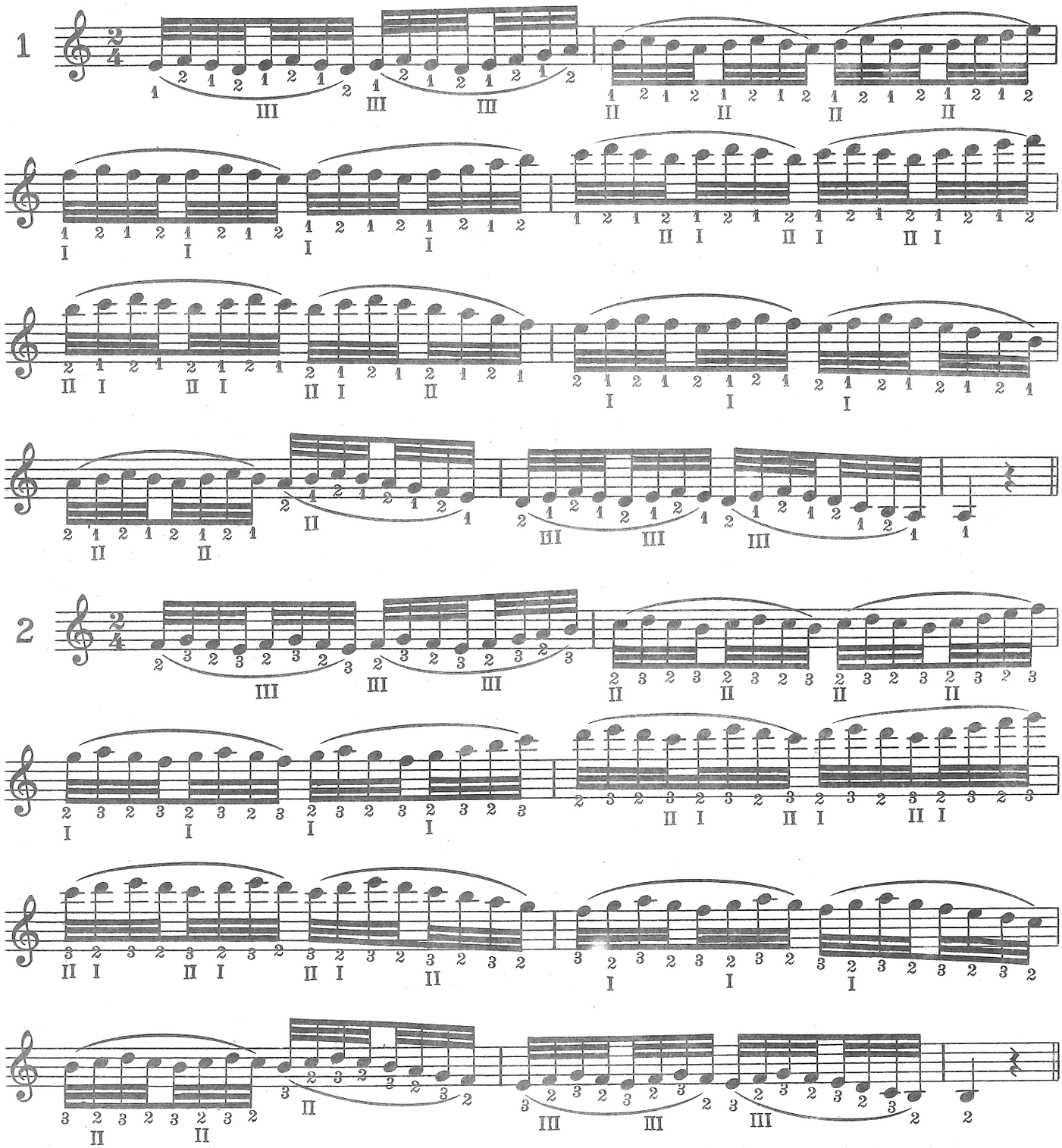
For Violin

(The Development of Flexibility, Book II.)

Based on Scientific Principles

D. C. DOUNIS
Op. 36

Chapter I



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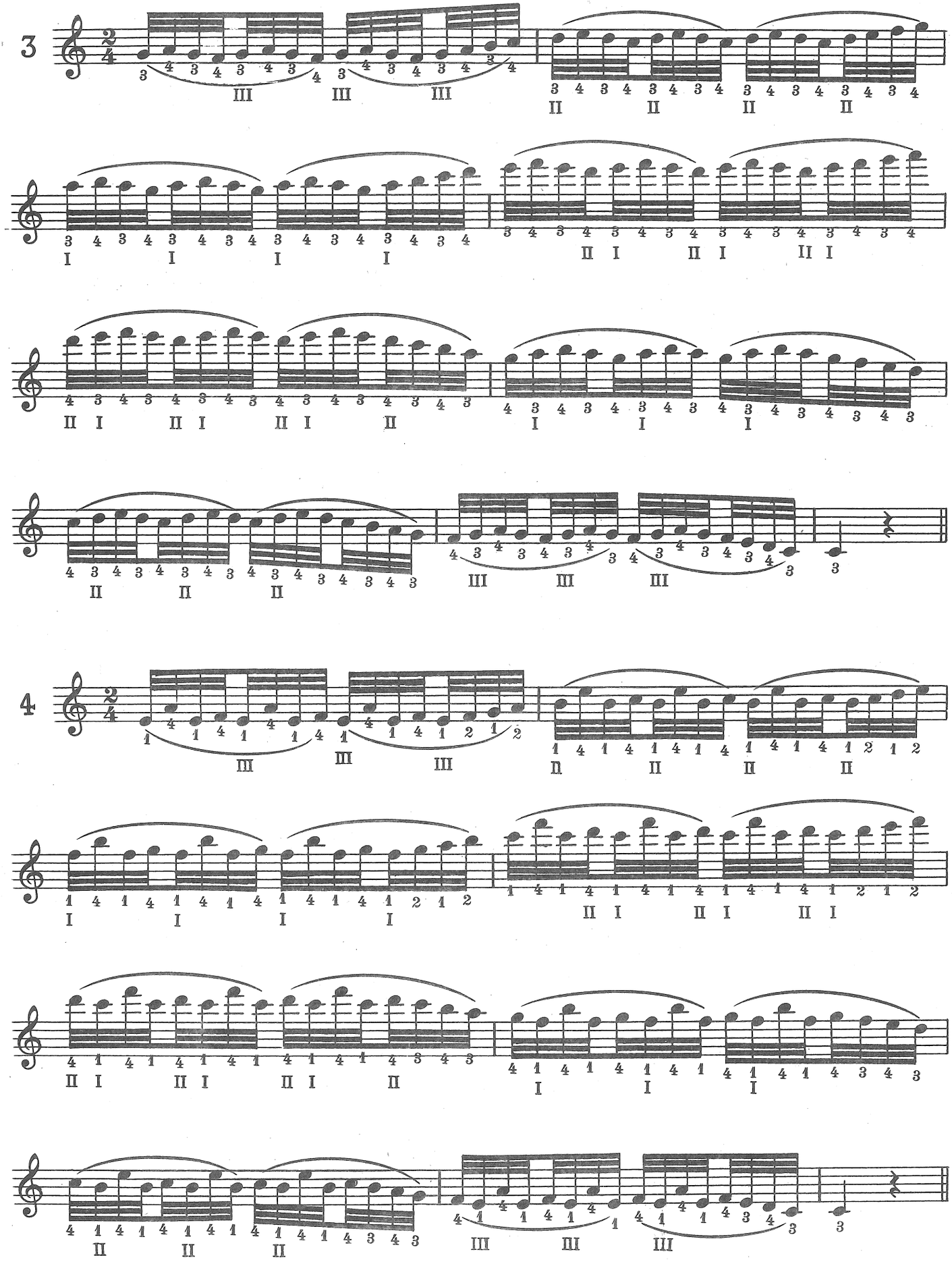
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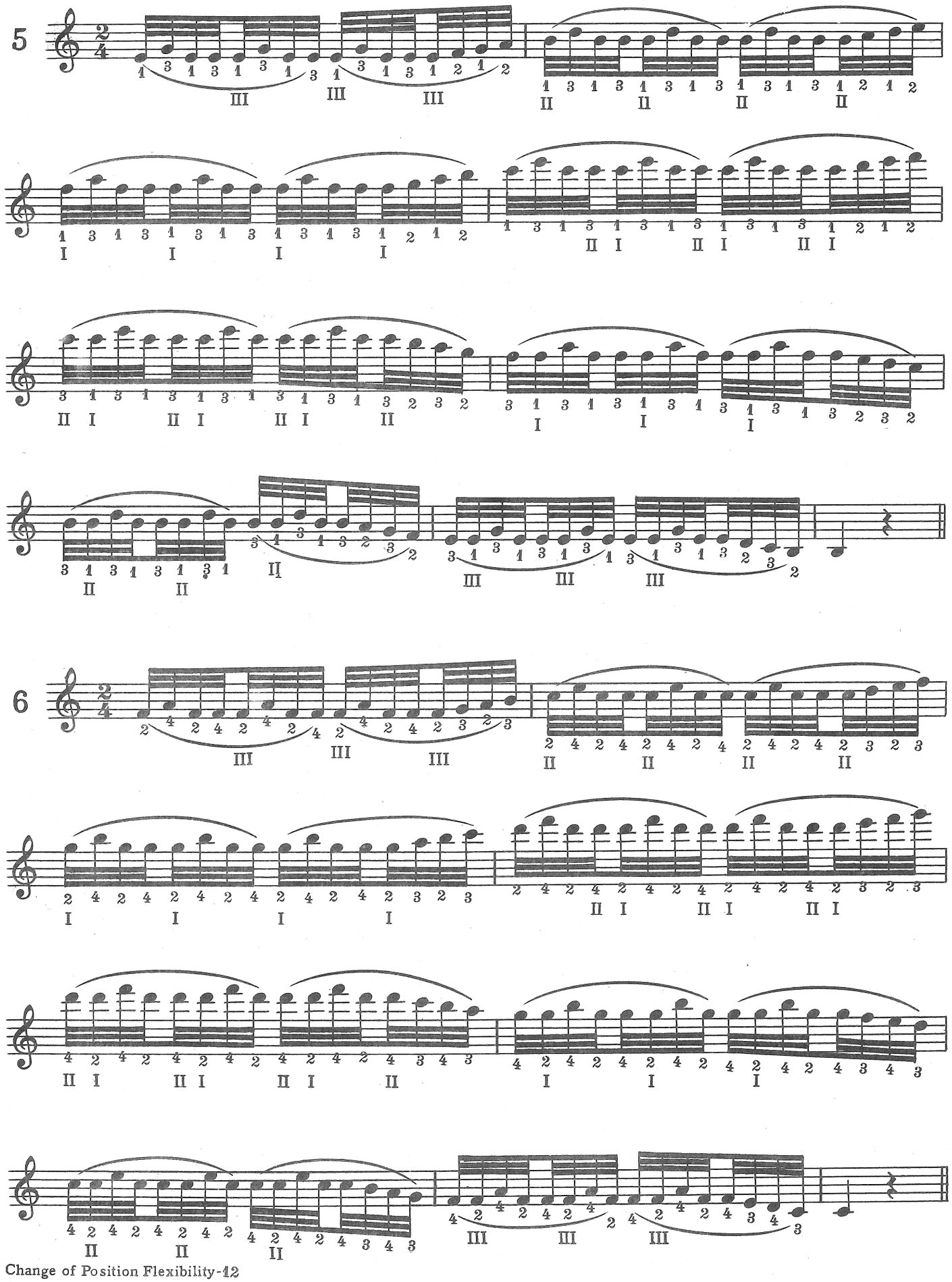
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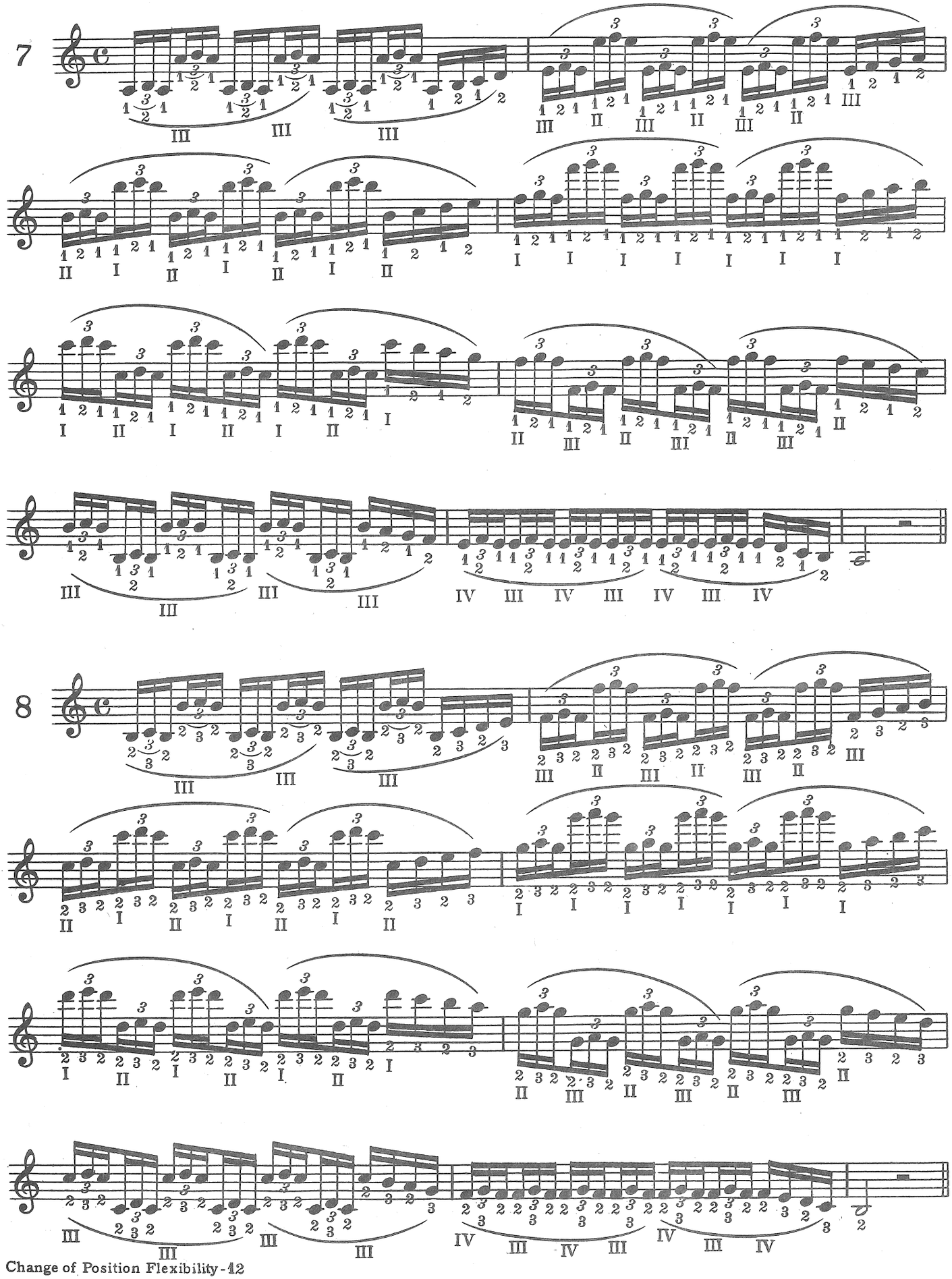
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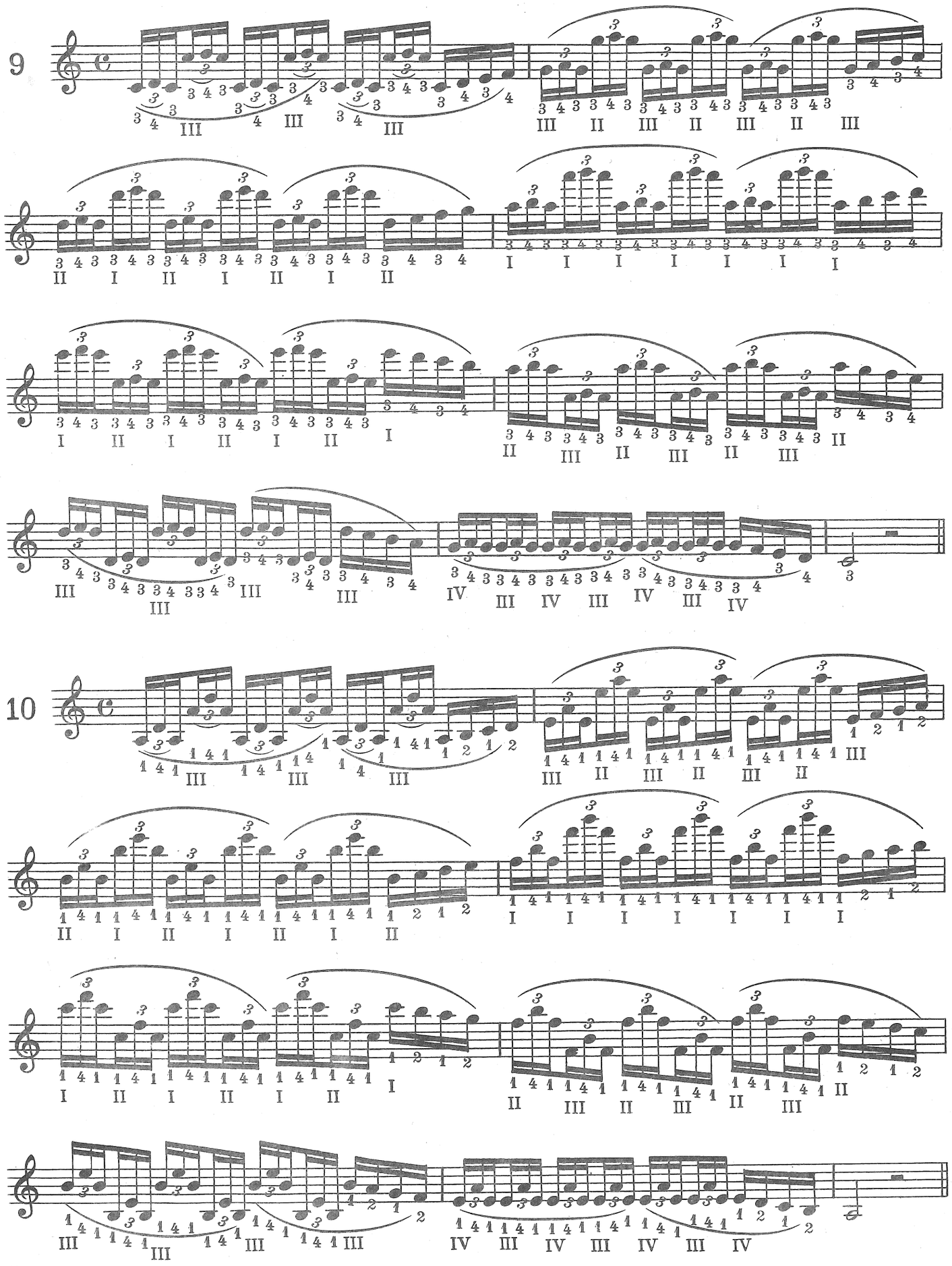
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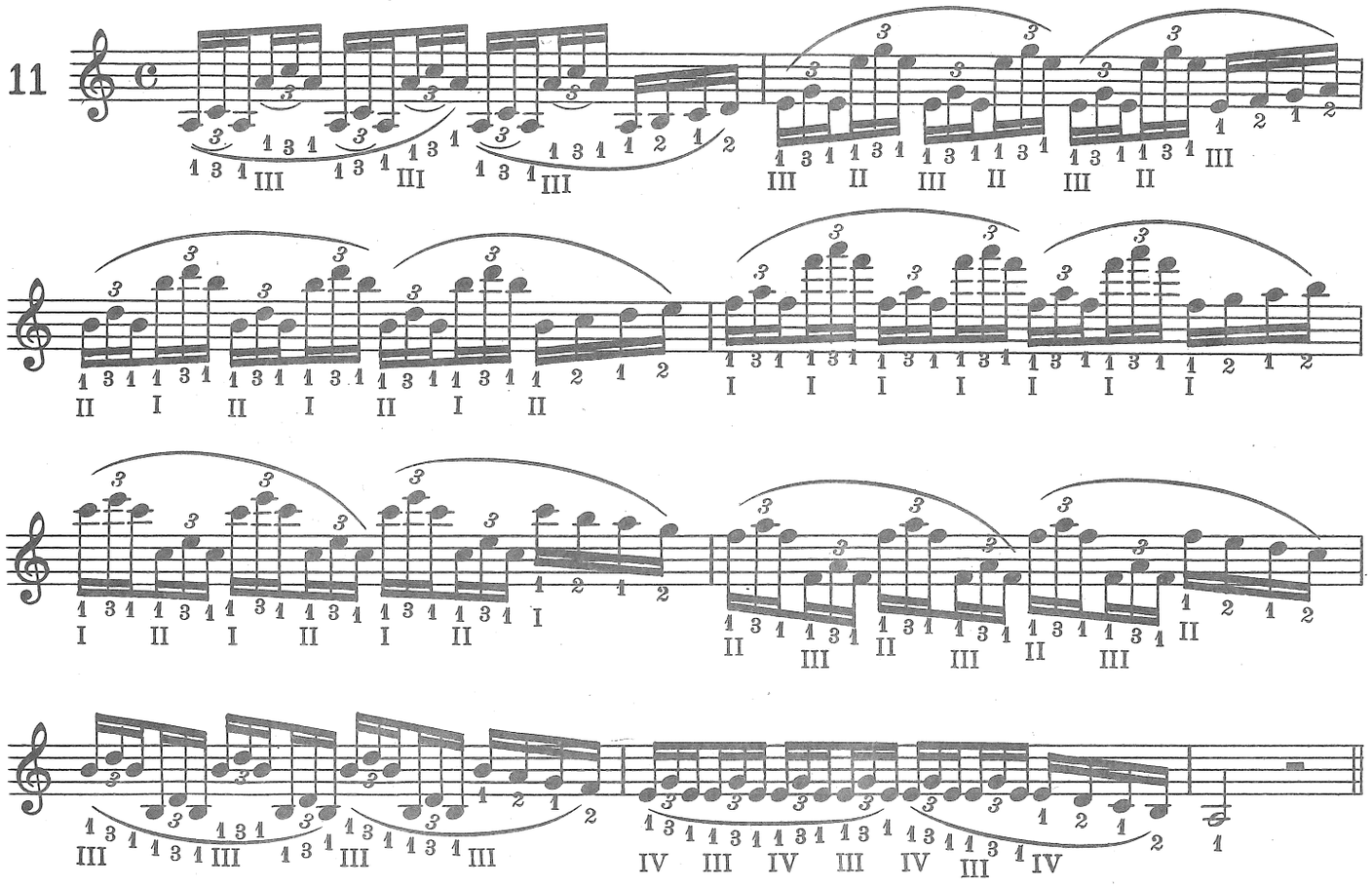

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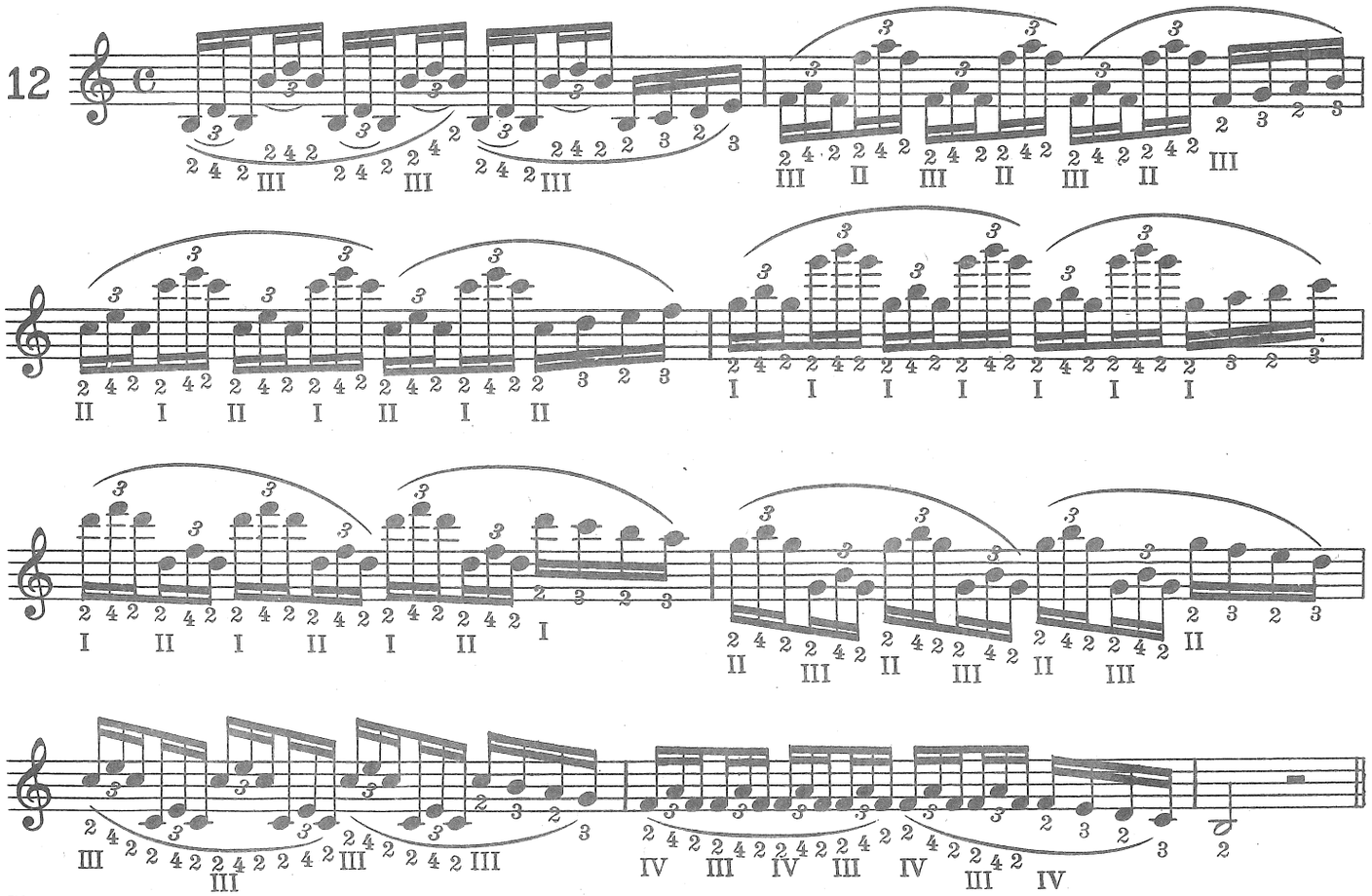

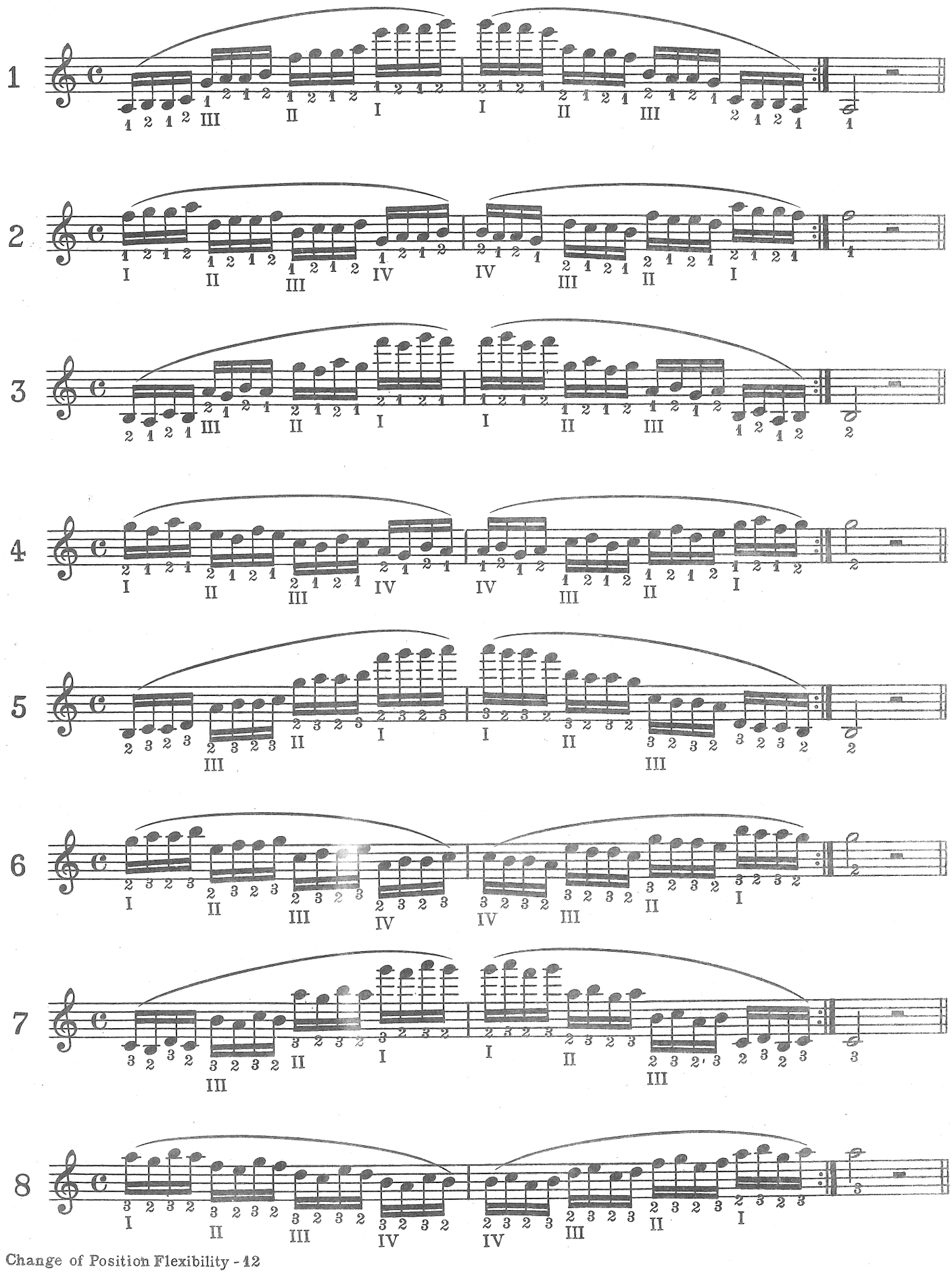

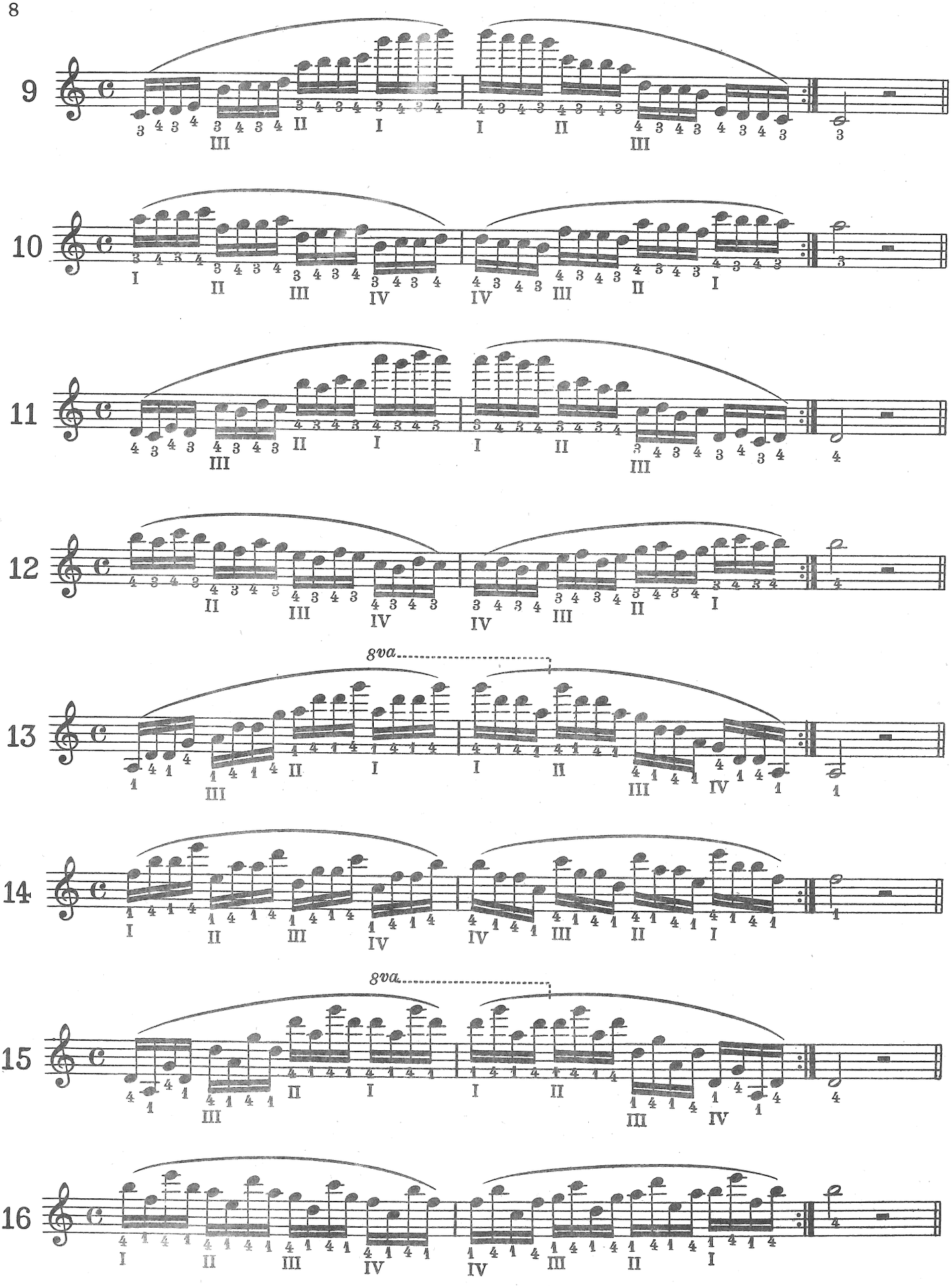
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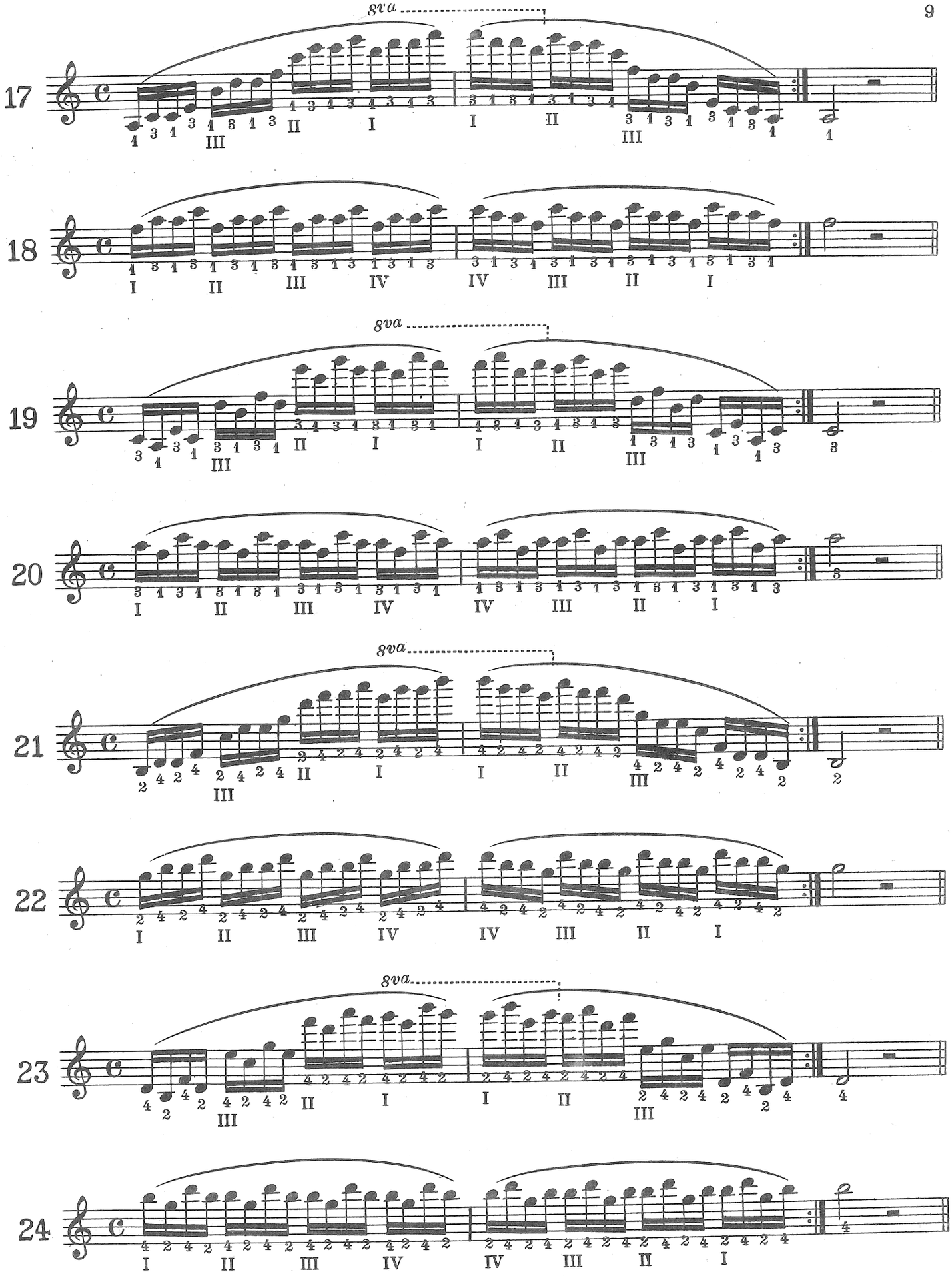
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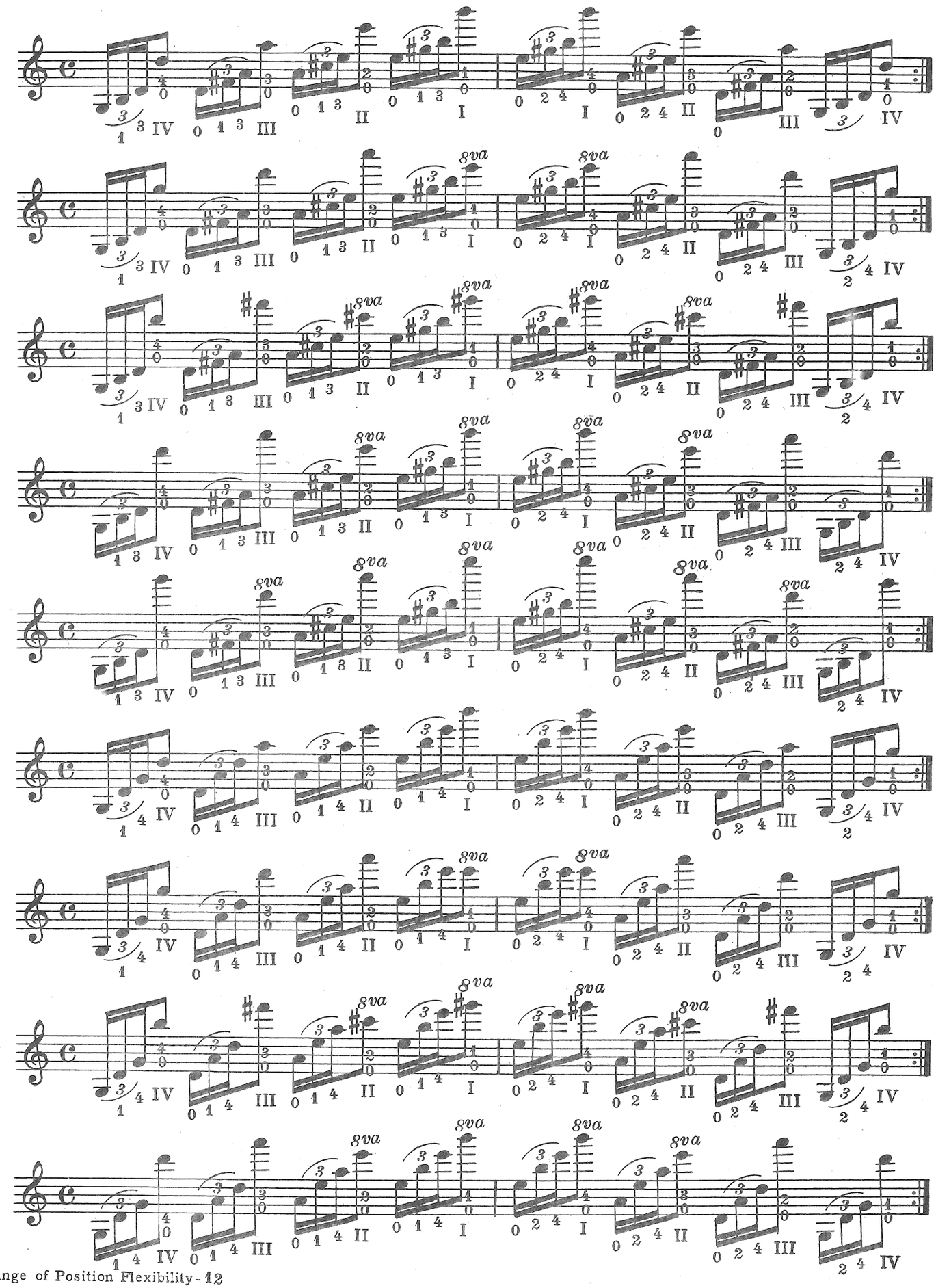
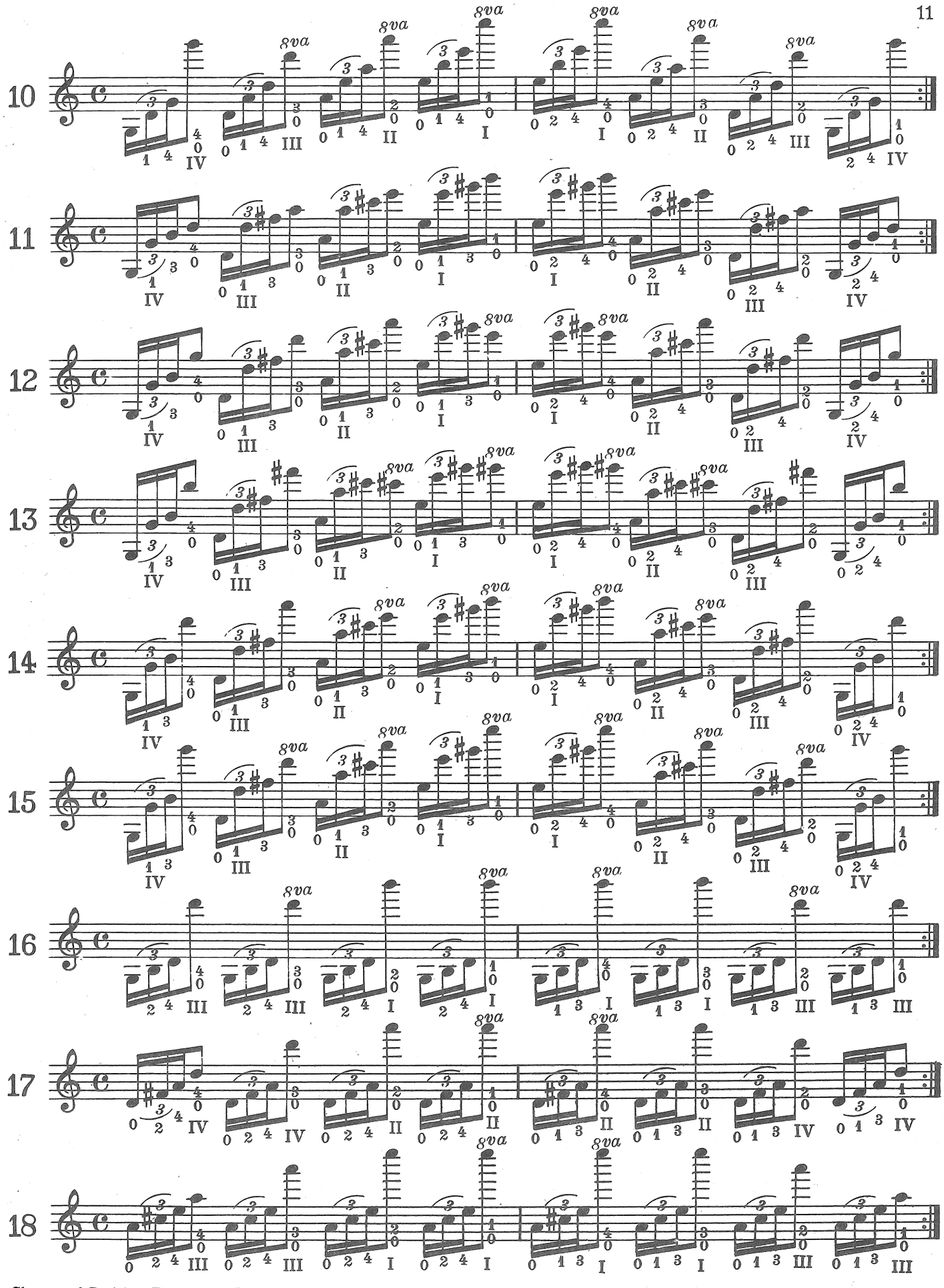
Chapter III

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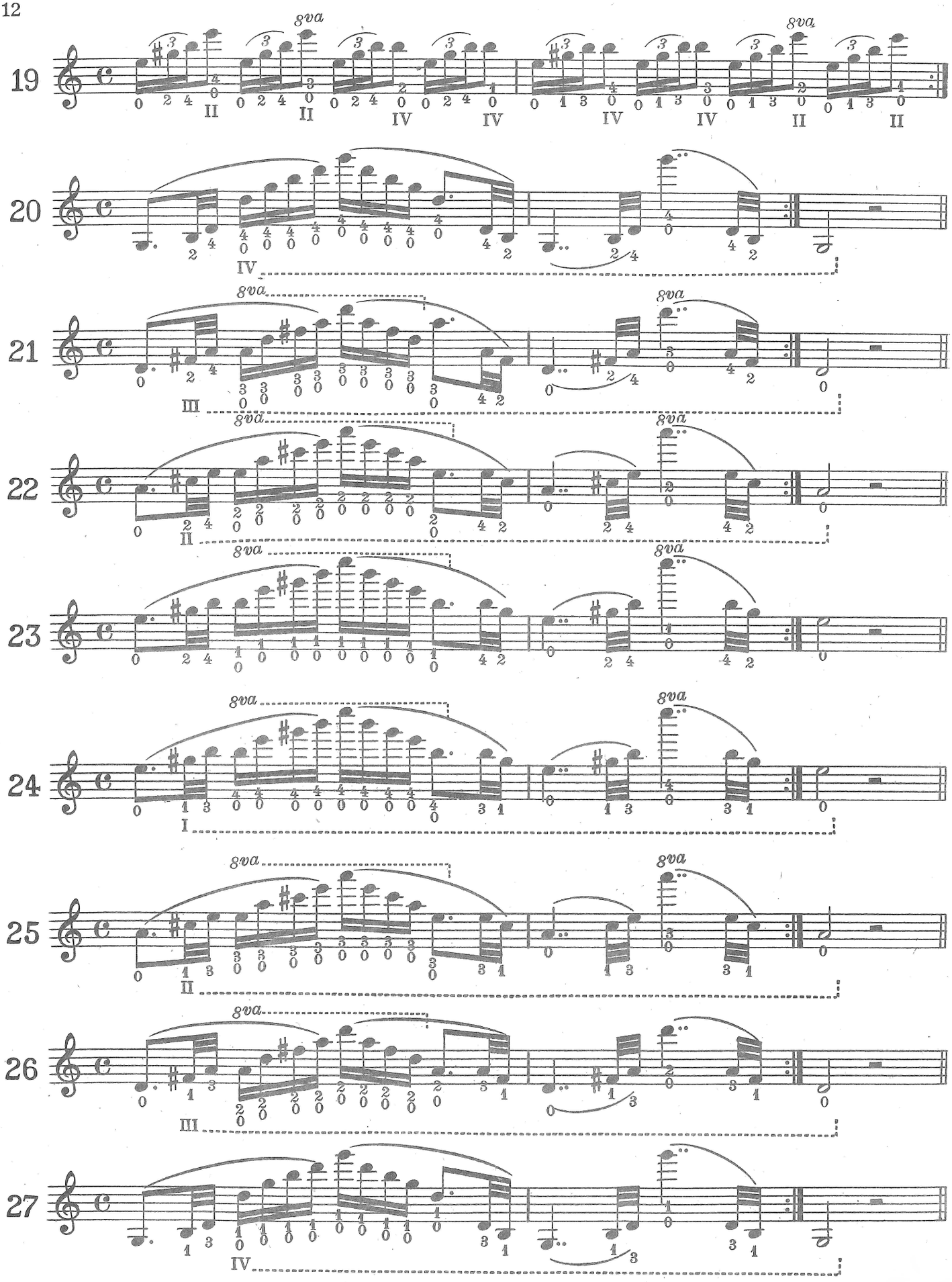
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