Mark Stern



Embracing Exercises for .____.

DUO FORM _ (Melody & Accompaniment RIGHT HAND HARMONICS _ (New) HARMONIC DUO FORM _ (New) LEFT HAND PIZZICATO _ ARPEGGIOS _ TECHNIQUE _

including WO NEW COMPOSITIONS IN DUO FORM

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PREFACE

A large number of the mandolin players I have met during 'my various concert tours have requested me to publish some of the exercises I use in my daily practice, also the exercises I give my pupils for learning the duo form, harmonics, left hand pizzicato and other special effects in mandolin playing.

In presenting this book I have embraced as many forms of mandolin playing as is advisable in the number of pages allotted to this publication, and trust I have complied with the request of my many friends.

Samuel Fiegel

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Preparatory exercises and suggestions necessary for learning the duo style of Mandolin playing.

Very few mandolinists have as yet learned to play the duo form correctly. They try to learn it too quickly and without first practicing the necessary preparatory exercises. They at once attempt to sustain a tremolo and at the same time play the lower or accompaniment notes staccato. The general result of such an attempt shows a perceptible (in many instances quite marked) pause in the tremolo, when the pick is reaching for the note to be played staccato.

The perfect due effect is obtained only when the melody is sustained without any perceptible break in the tremolo. This effect can be learned by practicing the following exercises, starting slowly and gradually increasing the tempo until the rapidity of the upper note is equal to that of a good tremolo.

By practicing as above, the pick gradually becomes accustomed to picking the lower notes with out any break in the tremolo. As soon as the performer is able to sustain a tremolo and pick the lower notes staccato without causing a break in the tremolo the chief requisite for the ordinary duo form is learned.

Be careful that no break in the tempo of the A string occurs when the open D string is added.



The open D string is marked P as there is always a tendency to play the staccato notes in a jerky manner and too loud when learning. Hold the pick lightly when practicing the above. The weight of the pick is nearly sufficient to produce the necessary strength of tone until further progress is made.



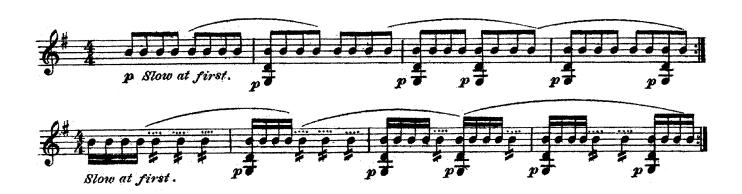
Practice the above at least several hours (half hour at a time) and don't proceed further until perfect control of the open strings has been obtained when using a rapid tempo.



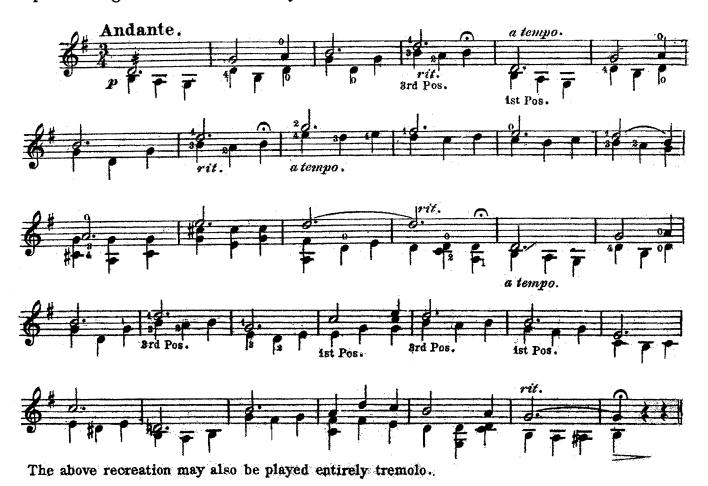
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The following two exercises are a little more difficult than the similar exercises on the preceding page, as the pick is here obliged to pick two strings staccato, at the same time sustain ing (after gradually acquiring the necessary tempo) a tremolo on the 3rd string.



In the following recreation the notes with stems up should be played tremolo, those with stems down are to be played staccato. If a break occurs in the tremolo when picking the lower notes, it indicates that the preceeding exercises have not been practiced sufficiently. When two or more fingers are required at the same time, the fingers should be placed upon the finger board simultaneously.



Particular attention is called to the following explanatory comments. Close observation of same will be of benefit to the mandolin student.

The characters + and X signify that the notes under or above which they are placed are to be held down. Note difference between these two characters

The character + denotes that the finger should be held down until after the following note is played. The character X denotes that the finger should be held down until a similar note is played or that it should be held down so as to facilitate the rendition of the following notes.

Many difficult passages are made comparatively easy by holding down a finger which acts as a support to the others. Especially is this hold useful when making extensions with the 4th finger.

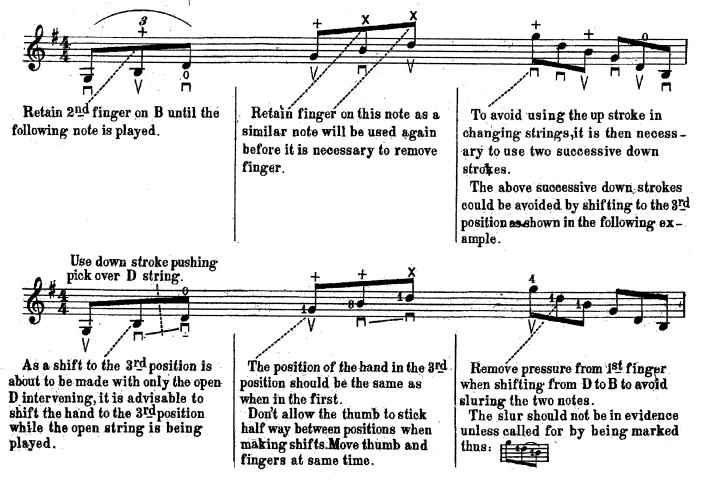
The character of denotes the down stroke. The down stroke should predominate in mandolin playing, as the better tone is derived from its use.

Half notes and quarter notes should always be played with down stroke unless played tremolo. The character V denotes the up stroke. The up stroke follows the down stroke when the notes are on the same string and is generally used when the time interval is less than a quarter note.

The characters \square - \square denote that the pick is to play two notes with one down stroke, passing from a lower to a higher string. When leaving the lower string the pick should rest against the following string until it is time to play the following note. Character \square - \square is called the push stroke."

The hand should not be allowed to turn or move nearer to the strings when making this stroke as the accent at the finish of this stroke (which should be avoided) is acquired in this manner.

The two measures below demonstrate the use of the above characters.



Etude No 3 is referred to for a continuation of the above two bars.

Etude Nº 1.

The following Etude is written expressly for perfecting the proper action of the 4th finger. Very few mandolinists have given the proper amount of attention to the correct action of the 4th finger, when learning to play the instrument, and have consequently acquired the habit of allowing the 4th finger to jerk under the fingerboard when the 3rd finger is used. This habit retards perfect technique. When the 4th finger is used it is wrong to remove it with a jerk. It should be raised from the fingerboard with the same action as is used for the removal of the 1st, 2nd or 3rd fingers and held nearly over the fingerboard, ready for action when again called upon.

In the Etude below a star * will be placed above the notes requiring the use of the 3rd or 4th finger, which will call the players attention to the above faults.



Do not play the above exercise until the meanings of the characters on the preceeding page have been committed to memory.



Refer to the explanatory page if the characters used in the shove. Ritude are not fully understood

The following study is intended especially for the development of the successive down stroke and should be practiced very slowly at first with a gradual increase of tempo.

As the successive down stroke is not used as often as the alternate down and up stroke, it will be necessary to give it an extra amount of daily attention, otherwise the stroke is made uneven and too loud, causing the accent which is not wanted.

By observing the hold marks carefully, it will be apparent that they are one of the chief requisites for rapid and easy technique.

Don't allow the 4th finger to jerk back or under the fingerboard when the 3rd finger is used. It looks bad and the tendency to do this can be overcome.



RIGHT HAND HARMONICS.

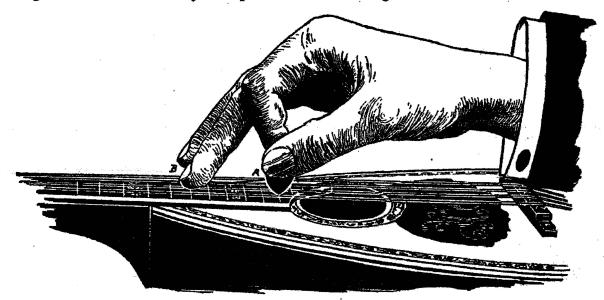
There are two ways of making right hand harmonics (named right hand harmonics because fingering and picking is done with the right hand.) Those made upon the open strings are called natural harmonics and do not require the use of the left hand.

The pick is held as shown in the illustration below, the 2nd finger being extended directly in front of the pick. By touching the 2nd finger of the right hand directly above the 12th fret. (other frets will be mentioned later) and picking the string as explained below, a clear harmonic tone will be produced.

The touch of the 2nd finger should be light as no pressure is needed to produce the harmonic. The stroke of the pick and the removal of the 2nd finger should be almost simultaneous; the stroke of the pick being made an instant before the removal of the finger.

Harmonics made other that on the open strings are called artificial harmonics. They are made by producing an octave interval between any two notes on the same string and producing the harmonic in the same manner as on the open string.

If a tone higher than the 12th fret open string harmonic was required, the 2nd finger of the right hand would touch above the 14th fret and the left hand would finger the 2nd fret in the usual manner thus, retaining an octave interval between the fingering of the left and the touch of the right hand. Practice the 12th and 19th fret open string harmonics on the D string first as less dexterity is required on the D string than for the others.



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- (A) The top of the pick should incline toward the body, the stroke being made with an upward motion away from the body, picking but one string.
- (B) The 2nd finger should be straight from the 2nd joint to the tip and the first finger nearly so. The 2nd finger is removed with a slight motion toward the body.

Be careful that the touch of the 2nd finger is made directly above the fret and not between, as the tone would then be blurred.

The harmonics will be of greater volume if the pick strikes both strings instead of one as directed above. To strike both strings, the hand should be turned slightly to the right so that the top of the pick will slant away from the body, thus, making it possible to strike both strings.

OPEN STRING RIGHT HAND HARMONICS.



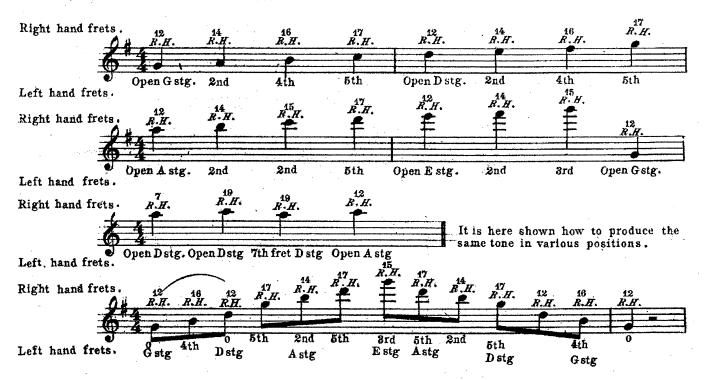
To get the above harmonics, touch 2nd finger of right hand over the 12th fret, removing finger and picking the string as shown in preceeding page.



If the mandolin fingerboard does not run as high as the 19th fret, a little practice about half an inch above the 17th fret will enable the performer to locate the proper spot

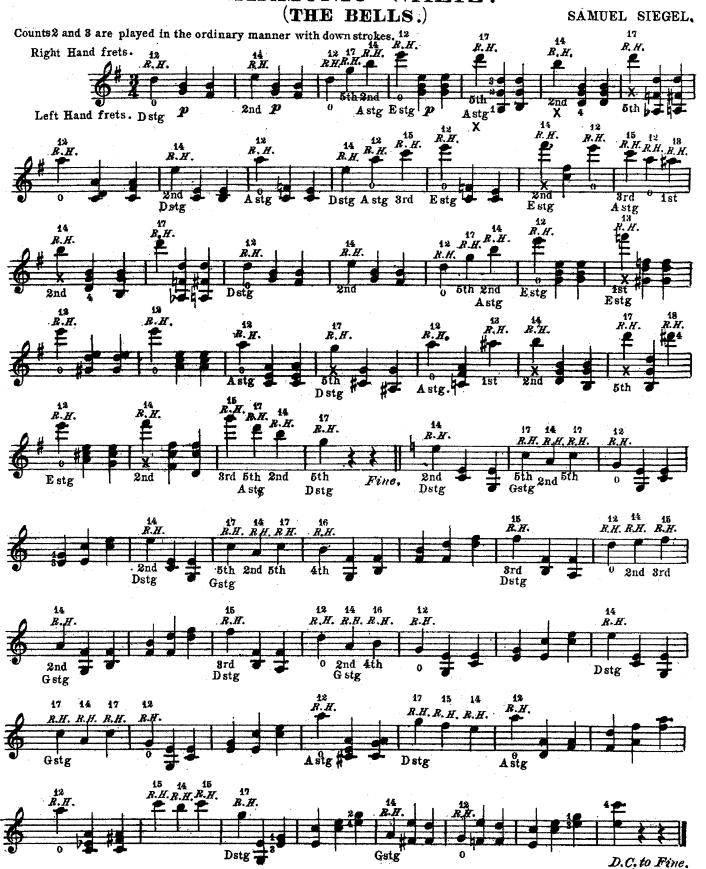
A clear open string harmonic can be produced by touching the string the same distance from the bridge as the 5th fret is from the nut, or about 3½ inches. The pitch of this harmonic is two octaves higher than the open string. By experimenting over each fret the performer will discover harmonics in several places not mentioned above.

OPEN AND FRETTED STRING RIGHT HAND HARMONICS.



Many of the staccato exercises used in the 1st position can be utilized for exercises in harmonics. The necessary octave transposition will be understood when familiar with the above.

HARMONIC WALTZ.

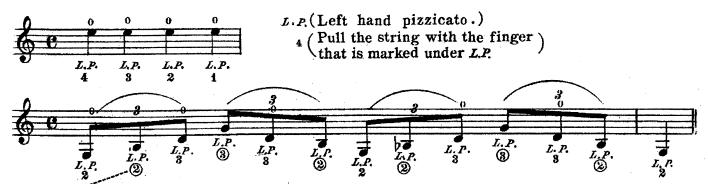


Double stops in the above are to be played staccato with down strokes. Notes marked R.H. (right hand harmonics) are to be played as explained on page 10. The above style of mandolin duo is original with the writer.

LEFT HAND PIZZICATO.

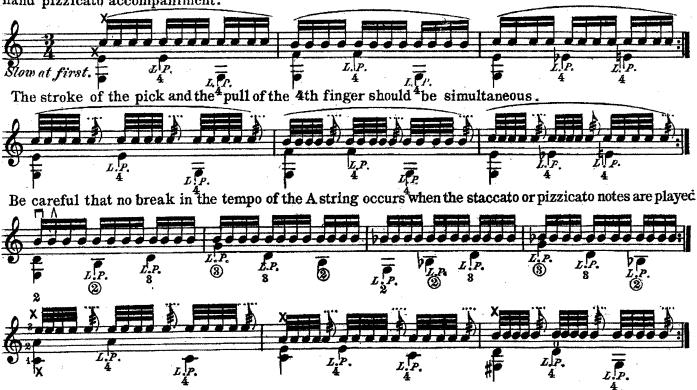
Notes that are played left hand pizzicato do not require the use of the pick. The tones are produced on the open strings by placing the 1st, 2nd, 3rd or 4th finger on any fret in the usual manner. The finger should then with a firm pressure pull the string slightly (away from the body) and produce the tone by releasing the string.

The following exercise on the open string will develope the strength and action necessary for the above effect and should be practiced until a rapid tempo is obtained. The A,D and G strings may be played in a similar manner.



A circle placed around a figure denotes that the pizzicato is to be made in the following manner: raise the finger about two inches above the fingerboard and bring it down with a strong rapid motion over the fret desired.

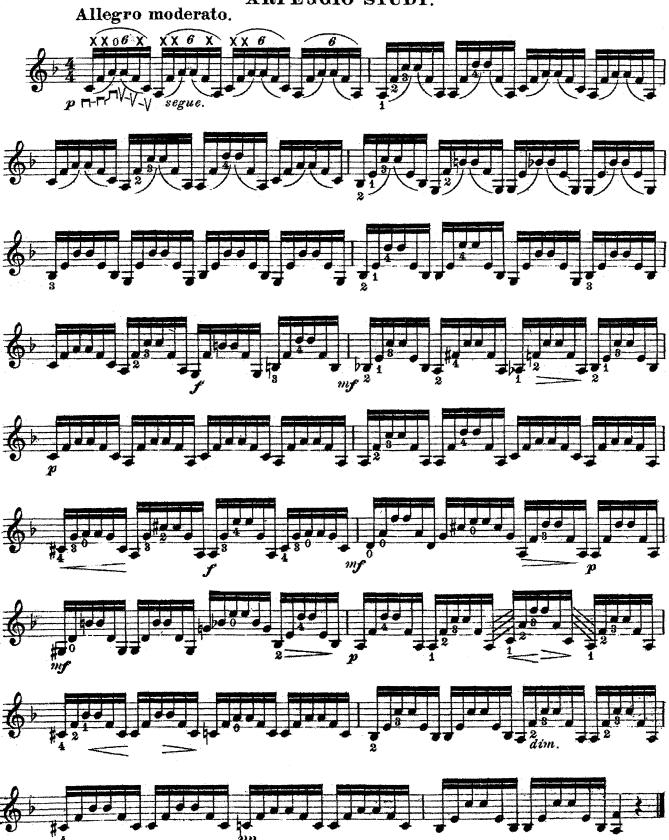
The following exercises will develope the technique necessary for playing the duo form with left hand pizzicato accompaniment.



Refer to the left, hand pizzicato variations on page 22 for a continuation of the above three bars.

Left hand pizzicato can be played more easily if the strings are adjusted close to the fingerboard.

ARPEGGIO STUDY.



Finger the notes necessary for each group, at one time.

In the above study, great care should be taken with the back or up stroke.

Practice slowly at first and be sure that each note comes out distinctly before increasing the tempo. The right hand should be entirely free from touching the mandolin when playing the above style of arceggios.

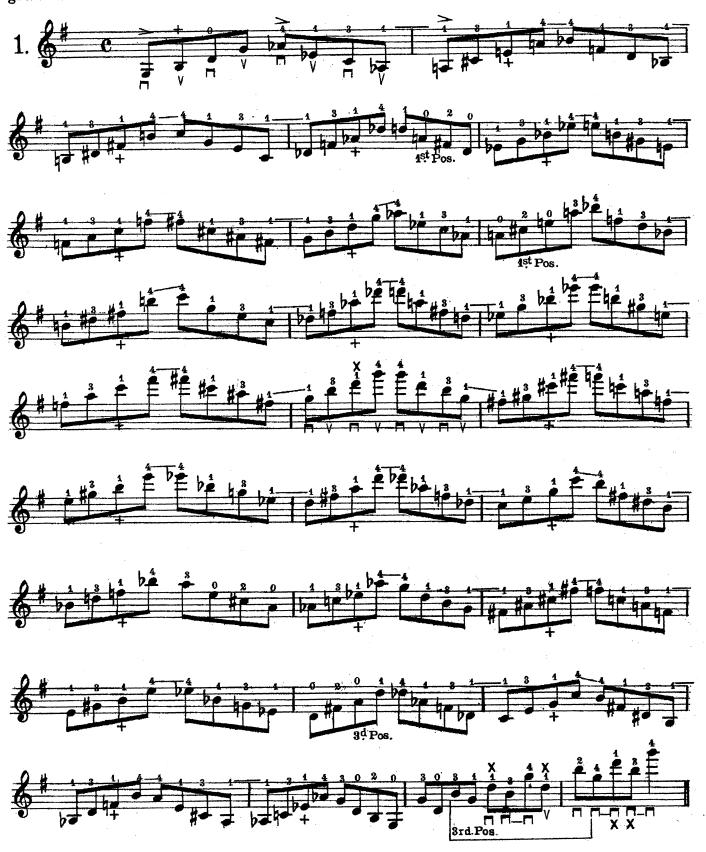
Chromatic Study.



Observe carefully the various markings in the above study. When using the push stroke $(\Pi - \Pi)$ an effort should be made to avoid any accent when changing strings. Observance of the hold note under the brackets will facilitate the action of the 4th finger.

The following special exercises are for advanced performers, are the same as used by the composer daily and should be played as rapidly as possible. Practice slowly at first.

In the chromatic progressions it is advisable to make a complete shift of one fret for each progression.





The performer is advised to become fully familiar with the fingering and picking marked in the first two bars before proceeding further. This exercise is intended especially for developing rapid down stroke picking.





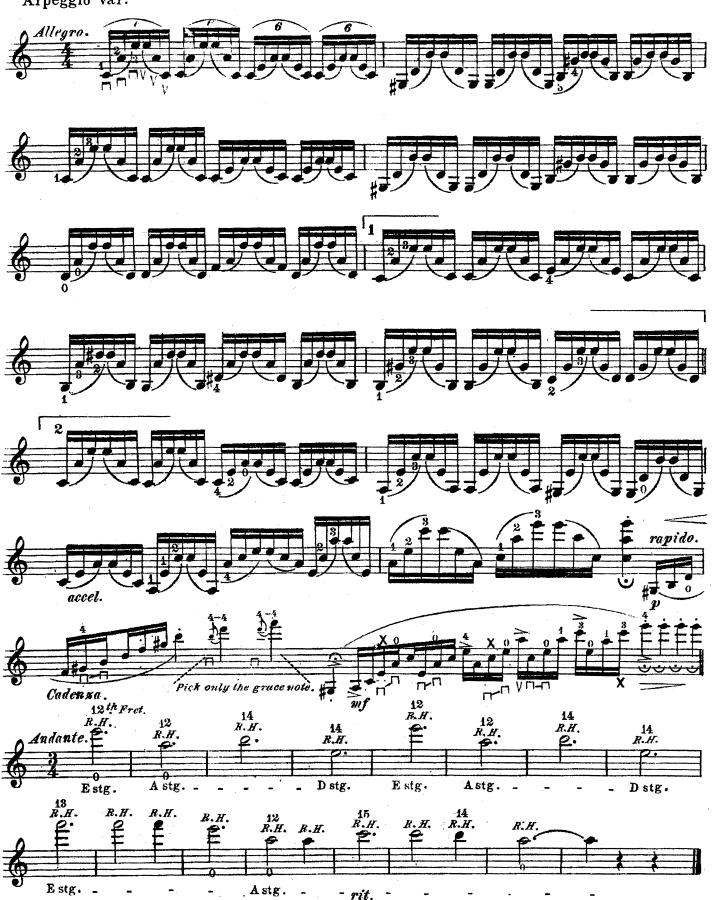


Different fingering is here given for the same exercises showing how the successive down stroke may be avoided by various shifts and fingering.



A TENDER REGRET.





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